

ARCH

Psychological Services

Ashley Sabados

(B.A, M.A. Provisionally Reg. Psych)

Grande Prairie (in person and online) – Edmonton (online)

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Summary

- Provisionally Registered Psychologist practising at ARCH Psychological Services.
- Senior Psychologist at High Prairie Youth Assessment Center.
- Administrator Coordinator for Clinical Matters at ARCH Psychological Services (Grande Prairie, Alberta).

Highlights of Qualifications

- B.A. Degree, Major of Psychology, Minor in Sociology.
- M.A Degree in Psychology with the focus in the area of Forensic Psychology.
- Legal Assistant Diploma with experience working in family law.
- Experienced in working with children, adolescents and adults with a wide range of mental health concerns.
- Experienced in providing court ordered therapeutic interventions.
- Experienced in providing expert testimony.

Summary of Skills and Experiences

- Skilled in providing a full range of clinical and forensic therapeutic interventions and psychological assessments.
- Skilled in providing comprehensive psychological services for children and adolescents, adults and couples including services to those whose psychological needs are complex.
- Skilled in providing individual, couples and group therapy.
- Skilled in providing forensic assessment and therapeutic services in family law (custody and access).
- Experience in providing comprehensive forensic assessments with a focus on risk management.
- Skilled in conducting parenting assessments and analyzing the competency of parents to fulfill their duties and obligations to meet the emotional, physical and behavioral needs of their children.
- Skilled in providing expert testimony on parenting capacity and recommendations and regarding it in a parenting manner and opinion and evidence on psychological therapy sessions and provide recommendations.

- Skilled in administering and interpreting a wide battery of assessment tools and tests.

Professional Affiliations

College of Alberta Psychologists	2899p
Canadian Psychological Association	52152
Psychologists' Association of Alberta	3609

Relevant Employment History

Psychological Assessment Test Proctor March 2022– Present
Calian Ltd. Grande Prairie, AB

- Proctoring psychological assessments for Government of Alberta positions that require the use of a firearm.
- Proctoring psychological assessments for Royal Canadian Mounted Police candidates.

Registered Provisional Psychologist Oct. 2019 – Present
ARCH Psychological Services Grande Prairie, AB

- Working with various populations of private clients in Grande Prairie.
- Working closely with Children Services in Grande Prairie, High Prairie, Peace River and High Level.
- Working with youth and trained staff members in an in-patient environment at Campus Based Treatment Center in High Prairie for residential treatment of youth experiencing significant symptoms of mental, emotional and behavioral disorders.
- Working with First Nations staff members and youth in an in-patient environment at Campus Based Treatment Center in High Prairie and acquiring in-depth cultural knowledge by participating in various cultural activities such as smudges and talking circles.
- Conducting various assessments, such as Psychoeducational, PDD/AISH, Parenting Capacity Assessments, Guardianship/Trusteeship applications and Secure Risk Assessments
- Conducting legal assessments such as Voice of the Child and Therapeutic Intervention with Both Parents and Child as ordered by the Court.
- Providing services with respect to Reunification Therapy
- Conducting parenting assessments and analyzing the competency of parents to fulfill their duties and obligations to meet the emotional, physical and behavioral needs of their children.
- Conducting forensic assessments, such as Comprehensive Forensic Psychological Evaluations and Risk Assessments.
- Providing consultation services to groups homes associated with Mountain Plains Community Services
- Providing therapeutic interventions utilizing CBT and Trauma Focused therapeutic tools.

Registered Provisional Psychologist

Inner Solutions™, Ltd.

May 2019 – Aug. 2019

Calgary, AB

- Working with various populations of private clients in Calgary
- Providing services for individuals through DBT Skills Group
- Providing therapeutic interventions utilizing DBT and CBT therapeutic tools

Paralegal

Parlee McLaws LLP

Sept. 2015 – April 2019

May 2008 – Oct. 2010

Calgary, AB

- Intellectual Property and International Registry Paralegal
- Filed patent, trademark and industrial design applications.
- Filed registration and discharges of aircraft and engines.

Provisionally Licensed Mental Health Practitioner

The Bridges Program

Dec. 2014 – July 2015

Hastings, Nebraska

- Working with various populations of clients in an in-patient environment (government provided homes for individuals who had both a developmental and mental disorder who were at high risk for offending in the community)
- Working with trained staff members to provide behavioral and safety plans.
- Conduct treatment integrities and observation assessments.
- Maintain, update and train new staff on safety plans.

Expert Witness Experience

D.T. Vs Alberta (CYFE), Provincial Court, Grande Prairie

November 2020

- Provided expert testimony regarding parenting capacity and recommendations regarding it in a parenting manner.

B.B. Vs Alberta (CYFE), Provincial Court, Grande Prairie

June 2021

- Provided expert testimony regarding opinion and evidence on the parenting capacity assessment and speak on the recommendations flowing from the parenting capacity assessment.

L.L & A.L Vs Alberta (CYFE), Provincial Court, Grande Prairie

October 2021

- Provided expert testimony regarding opinion and evidence on psychological therapy sessions and provide recommendations based on therapy sessions.

W.M & R.M. Vs Alberta (CYFE), Provincial Court, Grande Prairie

November 2021

- Provided expert testimony regarding opinion and evidence on the parenting capacity assessment and speak on the recommendations flowing from the parenting capacity assessment.

B.B. Vs. M.B, Court of Queen's Bench, Peace River May 2022

- Provided expert testimony regarding reunification therapy including the children's concerns and wishes in the matter of reunification with the parent and overnight visits. Testimony is also to include recommendations with respect to reunification between the children and the parent.

I.R. Vs Alberta (CYFE), Provincial Court, Grande Prairie November 2022

- Provided expert testimony regarding the assessment of parenting capacity and recommendations pertaining to same.

Clinical Internship

Intern – Therapist

Sept. 2013 – June 2014

Prince George's County Department of Corrections

Upper Marlboro, Maryland

- Conducted individual therapy with men, women and children of various cultural backgrounds.
- Created and implement specific treatment plans.
- Conducted Anger Management and Job Readiness group sessions.
- Implemented group therapy for Motivational Enhancement and Music and Art Therapy
- Facilitated Anger Management group therapy with the Hispanic Population through the aid of a peer-inmate co-facilitator.

Education

Master of Arts in Forensic Psychology

July 2014

The Chicago School of Professional Psychology

Washington, DC

Bachelor of Arts in Psychology (minor in Sociology)

June 2011

University of Calgary

Calgary, AB

University Transfer Diploma

June 2009

Lakeland College

Lloydminster, AB

Legal Assistant Diploma

June 2004

Red Deer College

Red Deer, AB

Training/Workshops

Trauma Conference: The Body Keeps Score Trauma

January 2023

Healing with Bessel van der Kolk, MD

PESI, Inc.

The Path To Suicide

December 2022

Center of Training; Amy Morgan, MSC

Suicide Risk: Standard of Care for Assessment and Intervention

September 2022

College of Alberta Psychologists; Dr. David Jobes

CPR/AED Level 1 Training Calgary, AB Certificate No. 101090612	Exp. March 27, 2022
ASIST 11: Applied Suicide Intervention Skills Training Bashaw, AB	Exp. May 13, 2022
Digging Deeper: Developing Behavior Support Plans Omni Behavioral Health and NDHHS	June 2015 North Platte, NE
Conducting Serious Incident Investigations Labor Relations Alternatives, Inc.	May 2015 Omaha, NE
Functional Behavior Assessment (FBA) Omni Behavioral Health and NDHHS	May 2015 North Platte, NE
Identifying and Treating Behavior Complicated by Brain Injury in the Intellectually and Developmentally Disabled Brain Injury Association of Nebraska	May 2015 North Platte, NE
Agency Management and Supervision Omni Behavioral Health and NDHHS	Feb. 2015 Hastings, NE
Traumatic Incident Reduction/Resolution Ragnhild Malnati, LCSW-C	April 2014 Washington, DC
MMPI-2-RF: Advanced Interpretation Topics Dustin B. Wygant, Ph.D.	June 2013 Washington, DC
Everyone Places a Role in Suicide Prevention: Turning Strategy into Action National Action Alliance	June 2013 Washington, DC
Domestic Minor Sex Trafficking 101 Courtneys House	Oct. 2012 Washington, DC

Volunteer Activity

Court Watch Project Volunteer

Survivors and Advocates for Empowerment

Oct. 2012

- Attend Domestic Violence Court and obtain data through court monitoring to ensure that all victims of domestic violence have equal access to a clear, fair and consistent judicial process.

References and Documentation Available Upon Request