



Psychological Services

Shiva Mortazavi-Moghaddam

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Summary

Registered Clinical Psychologist practicing at ARCH Psychological Services.

Highlights of Qualifications

Master of Clinical Psychology

Professional Affiliations

College of Alberta Psychologists

6802

Relevant Employment History

Registered Psychologist

July 2023 – Current

ARCH Psychological Services

- Psychotherapy services for children, adolescents, adults, couples, and families, as well psychological assessments.
- Areas of specialization are Cognitive Behavioral Therapy (CBT), Dialectical Behavioral Therapy (DBT), Prolonged Exposure Therapy with response prevention, Flooding with response prevention, EMDR therapy, Grief counselling, Individual and group therapy, Driver, passenger, or pedestrian PTSD, Pain Disability Management (P-GAP), Crisis intervention and trauma counseling, Stress management, Anger management, Addiction counseling and therapy, Depression and anxiety, Post-traumatic and other stress disorders, Couples therapy, Interpersonal therapy, Adlerian, Humanistic, and Adlerian therapy modalities.

Registered Psychologist

Jan. 2023 – July 2023

Wholeness Psychology Centre

- Administer myriad of psychological assessments including batteries for ADHD, Autism, Psychoeducation, and Giftedness.
- Provider for Workers' Compensation Board (WCB) Alberta providing therapeutic treatment for physical and psychological injuries.
- An affiliate service provider with Homewood Health EFAP.

- Responsible for facilitating individual, couple, and family counselling. Utilize CBT, DBT, Solution Focused Brief therapy, emotion-focused and other mindfulness-based theoretical models and techniques to establish a healthy therapeutic alliance and foster insight, growth, and healing with clients.
- Work with culturally diverse youth and adult populations experiencing childhood and current abuse and trauma, domestic violence, addictions, Axis I and II disorders, family violence, emotional dysregulation, interpersonal relationship problems, and self-identity concerns.

Provisional Psychologist

CBI Health Calgary

June 2021 – Jan. 2023

Calgary, AB, Canada

- Worked with a wide variety of adult clients and treated many issues including ones involving short- and long-term disability, motor-vehicle accidents, complex psychological trauma, workplace trauma, and complex pain. Some of the disorders treated include but are not limited to, depression, a wide spectrum of anxiety disorders, PTSD, personality disorders, adult ADHD, functional neurologic disorder, somatic symptoms and other related disorders, and grief.

Practicum Student

Adler Professional School of Psychology

Nov. 2017 – June 2018

Toronto, ON, Canada

- Performed individual therapy with MVA clients with the focus of CBT modality targeting depression, anxiety, relationship issues, stress management, sleep difficulties, phobia (driving phobia, passenger phobia or pedestrian type), self-esteem issues and workplace injury-related psychological issues.
- Conducted intakes and third-party independent examinations for medical, rehabilitation and disability.

Tufts Medical Center

Substance Use and High-risk Pregnancy Clinic

June 2012 – Jan 2014

Boston, MA

- Medical and non-medical management.
- Treatment and follow-up of women with substance abuse before and/or during pregnancy and after delivery (postpartum).
- Treatment and follow-up of women with psychological and psychiatric disorders before and/or during pregnancy and after delivery (postpartum).

Framingham Union Hospital

High-risk Pregnancy Clinic

June 2012 – Jan 2014

Framingham, MA

- Medical and non-medical management.
- Treatment and follow-up of women with substance abuse before and/or during pregnancy and after delivery (postpartum).
- Treatment and follow-up of women with psychological and psychiatric disorders before and/or during pregnancy and after delivery (postpartum). Care includes history, physical exam, assessment, treatment plan, and report writing.

Tufts Medical Center June 2012 – Jan 2014
Inpatient Care Unit Boston, MA

- Inpatient management, treatment and follow-up of women with psychological and psychiatric disorders during pregnancy.

Framingham Union Hospital June 2012 – Jan 2014
Inpatient Care Unit Framingham, MA

- Inpatient management, treatment and follow-up of women with psychological and psychiatric disorders during pregnancy.

Golestan Mental Health Clinic June 2012 – Jan 2014
Collaboration with Private Psychiatric Clinic Golestan, Iran

- Co-counseling, management and treatment of female patients with psychological and psychiatric disorders. Counseling, management and care of women subject to physical violence, abuse, substance use, and other psychological issues.

Shafaa Psychiatric Hospital (Avicina Chronic Psychiatric Facility) Oct. 1990 – Jan 1991
Internship - Psychiatric acute and chronic inpatient unit Mashhad, Iran

- Perform relevant psychiatric assessment, management, and follow-up of acute and chronic psychiatric patients in both inpatient and outpatient settings.

Shafaa Psychiatric Hospital (Avicina Chronic Psychiatric Facility) Oct. 1990 – Jan 1991
Externship - Psychiatric acute and chronic inpatient unit Mashhad, Iran

- Perform relevant psychiatric assessment, management, and follow-up of acute and chronic psychiatric patients in both inpatient and outpatient settings.

Education

Master of Clinical Psychology
Adler School of Psychology 2015 – 2019

OB/GYN preliminary year residency training
Tufts University Medical Center 2012 – 2013

OB/GYN residency
Mashhad University of Medical Sciences 1997 – 2001

M.D.
Mashhad University of Medical Sciences 1986 – 1994

Training/Workshops

- Autism Diagnostic Observation Schedule (ADOS) 04/2023
- Autism Diagnostic Interview, Revised (ADI-R) 04/2023
- Cognitive Behavioural Therapy (CBT) 12/2017

References and Documentation Available Upon Request