

# ARCH

## Psychological Services

**Diana Johanson**

(B.A, M.C. Provisionally Reg. Psych)

Calgary (in person and online) – Edmonton & Grande Prairie (online)

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### Summary

Provisionally Registered Psychologist practicing at ARCH Psychological Services.

### Highlights of Qualifications

- Master of Counseling.
- Bachelor of Arts, Specializing in Psychology.
- Trained in Feedback Informed Treatment.

### Summary of Skills and Experiences

- In-person and virtual therapy for individuals, couples, children, and families.
- Worked with children, youth, and adults from different socio-economic, ethnic and cultural backgrounds.
- Performed informal risk assessments and crisis intervention.
- Performed formal assessments.
- Provided case management and monitored client progress.
- Facilitated Responsible Choices for Children groups.
- Worked as an intake counsellor.
- Fluent in both English and Polish language.

### Professional Affiliations

College of Alberta Psychologists

3003p

### Relevant Employment History

Registered Provisional Psychologist

March 2020 – Present

ARCH Psychological Services

Calgary, AB

- Psychotherapy services for children, adolescents, adults, couples, and families from different socio-economic, ethnic and cultural backgrounds.
- Areas of specialization are Trauma and Stressor Related Disorders, Dissociative Disorders, Anxiety Disorders, Depressive Disorders, Personality Disorders, Substance-Related and Addictive Disorders, Disruptive, Impulsive Control and Conduct Disorders, Bipolar and Related Disorders, Neurodevelopmental

Disorders, Gender Dysphoria, Obsessive Compulsive and Related Disorders, as well as Grief and Loss and Attachment Disruptions.

- Ability to provide Play therapy.
- Ability to provide various assessment work within the areas of psychoeducational and psychological.

<b>Registered Provisional Psychologist</b> Bright Future Counselling Psychology	2019 – Present Calgary, AB
<b>Counsellor</b> Calgary Counselling Centre	2017 – 2018 Calgary, AB
<b>Wellness Counsellor</b> Atlas Family Chiropractic	2016 – 2017 Airdrie AB
<b>Wellness Counsellor</b> Sylvan Family Chiropractic	2006 – 2014 Sylvan Lake, AB
<b>Residential Counsellor</b> Mary Centre	2002 – 2006 Toronto, ON
<b>Teacher's Assistant</b> St. David of Wales Elementary	2001 – 2004 Toronto, ON
<b>Math Tutor</b> Self-Employed	1998 – 2001 Toronto, ON
<b>Social Service Worker</b> Thistletown Community Centre	1997 – 1999 Toronto, ON

## **Education**

<b>Master of Counselling</b> Athabasca University	2018
<b>Bachelor of Arts with Honours Specializing in Psychology</b> York University	2004
<b>Social Service Worker Diploma</b> Humber College	1998

## **Training/Workshops**

3-Day Dialectical Behavior Therapy Certification Training	2023
LGBTQ Teens: Help Clients Explore Their Identity, Build Resilience, & Manage Difficult	2022
Emotions Treating Internal Trauma with Internal Family Systems	2022
14 Principles for Managing a child with ADHD	2022

Advanced Skills for Tele-Play Therapy: Beyond Engagement	2020
Brain Story Certification	2019
Play Therapy for Trauma Certification	2019
Reality Therapy Certification	2019
Gottman Institute Level 1	2018
Applied Suicide intervention Skills Training	2018
Feedback Informed Therapy, Scott Miller & Calgary Counselling	2018
Substance Use and Abuse 2018 Emotion Regulation	2018
Children's Group Facilitation Training	2018
Risk Assessment	2017
Depression and Anxiety Seminar 1 and 2	2017
Basic and Advanced Domestic Violence Training	2017
Advanced Intensive Training: Reality Therapy, Choice Theory, and Lead Management	2017
Basic Intensive Training: Reality Therapy, Choice Theory, and Lead Management	2016
Crisis Prevention and Intervention Certificate	2005
Behaviour Modification Certificate	2005
Dual Diagnosis Certificate	2005
Pharmacology Training	2002

**References and Documentation Available Upon Request**