

ARCH

Psychological Services

Hannah Ambler

(Reg. Psychiatric Nurse)

Edmonton (in person and online) - Grande Prairie (online)

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Summary

Registered Psychiatric Nurse practicing as a Mental Health Therapist at ARCH Psychological Services.

Highlights of Qualifications

- Regional Diploma in Psychiatric Nursing.
- Certified Education Assistant.
- 8+ years of working with children, adolescents, and adults with a wide range of mental health concerns on a variety of different levels.
- 4 years of supporting Indigenous children & families through programs with the Ministry of Children & Family Development.
- Approved to provide therapy to individuals through the Indian Residential Schools, Indian Day Schools and Missing and Murdered Indigenous Women programs.

Summary of Skills and Experiences

- Skilled in offering comprehensive psychotherapy services for children, adolescents, adults, and families with a wide range of mental health challenges.
- Skilled in providing behavioural consultation and support to families of individuals on the Autism & Fetal Alcohol Spectrum.
- Skilled in counselling individuals and their families who struggle with substance use disorders.
- Skilled in working with clients from different cultural settings.
- Skilled in providing a trauma-informed approach.

Professional Affiliations

College of Registered Psychiatric Nurses of Alberta

6099

Relevant Employment History

Registered Psychiatric Nurse

Nov. 2021 – Present

ARCH Psychological Services

Edmonton, AB

- Skilled in offering comprehensive psychotherapy services for adolescents, adults,

couples, and families.

- Providing therapy for various concerns, such as severe trauma, depression, anxiety, substance abuse and other behavioral concerns.

Registered Psychiatric Nurse 2021
Cowichan Lodge Tertiary Mental Health Facility Duncan, BC

Registered Psychiatric Nurse 2021
Cowichan District Hospital In-Patient Psychiatric Unit Duncan, BC

Behaviour Interventionist 2013-2017
Insight Support Services Kamloops, BC

Supportive Roommate 2013-2014
Thompson Okanagan Community Service Co-Operative Kamloops, BC

Clinical Experience

Final Mental Health Preceptorship 2020
Cowichan District Hospital In-Patient Psychiatric Unit

- Completed 468 hours of consolidating all skills, knowledge, and competencies needed to practice efficiently as a Registered Psychiatric Nurse

Acute Mental Health Nursing 2019-2020
Nanaimo Regional District Hospital In-Patient Psychiatric Unit

- Completed 264 hours of safely administering medication- including giving intramuscular injections, performing mental status exams- as well as other physical and safety assessments as needed, providing psychotherapy where appropriate, applying advanced therapeutic communication skills, utilizing gained theoretical knowledge to assist in guiding clinical decision making, providing wound care, checking vitals, providing personal care, communicating appropriately with interdisciplinary staff, and documenting actions accordingly.

Medical/Surgical Nursing 2019
Royal Inland Hospital

- Completed 180 hours of safely administering medication- including giving subcutaneous injections and administering, changing, and monitoring IV bags, performing physical assessments, providing wound care, checking vitals, assisting with medical procedures as needed, communicating appropriately with interdisciplinary staff, providing personal care, enhancing therapeutic communication skills, and documenting actions accordingly.

General Medical Nursing 2019
Overlander Residential Care

- Completed 120 hours of safely administering medications, performing assessments, enhancing therapeutic communication skills, completing appropriate medical procedures as needed, providing wound care, providing personal care, and checking vitals.

Health Care for Older Adults 2019
Overlander Residential Care

- Completed 72 hours of checking vitals and providing daily care for residents, which included feeding, bathing, performing daily hygiene, changing, using mechanical lifts, making beds, and enhancing therapeutic communication skills.

Education

Regional Diploma in Psychiatric Nursing 2018 - 2020
Stenberg College Surrey, BC

Certified Education Assistant 2013
Thompson Rivers University Kamloops, BC

Training/Workshops

Dialectical Behavioral Therapy Skills Training 2021

Non-violent Crisis Prevention Intervention Training 2021

The Wisdom of Trauma Workshop 2021

Neufeld Institute – Making Sense of Anxiety 2017

Neufeld Institute – Making Sense of Attention Problems 2017

Suicide Intervention Skills Training 2016

Healing Arts Certificate 2015

Volunteer Activity

Junior/Senior Girls Soccer Coach 2012 - 2014
Norkam Secondary School Kamloops, BC

Junior Girls Volleyball Coach 2011
Junior Girls Volleyball Coach Kamloops, BC

References and Documentation Available Upon Request