

# ARCH

## Psychological Services

**Alfred Riediger**  
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### Professional Qualifications

College of Alberta Psychologists (1971 – Present) CAP 244  
Canadian Register of Health Services Providers in Psychology (January 1991 – 2020)

### Educational Background

**Ph. D.: Counselling Psychology** 1979  
University of Alberta  
Dissertation Topic: “Employee Assistance Programs: The Supervisor’s Perspective”

**M.Ed.: Counselling Psychology** 1971  
University of Alberta  
Thesis Topic: “Transient Men in Edmonton”

**B.A.: English Major, Psychology Minor** 1967  
University of Alberta

**Diploma: Theology Major, Pastoral and Christian Education Minors** 1964  
Prairie Bible College

### Graduate Course Work

Vocation Development	Readings in:
Individual Counselling	Community Mental Health
Group Assessment	Milieu Therapy
Theory of Personality	Personality & Mental Health
Group Processes	Advanced Counselling Theory
Development Theory	Advanced Counselling Practicum
Learning Theory	Advanced Research Design
Introduction to Research	
Social and Physiological Psychology	
Individual Diagnosis	

Seminar in Group Counselling

## **Relevant Employment History**

**Registered Psychologist**  
ARCH Psychological Services

1987 – Present  
Edmonton, AB

As founding partner of the practice, I maintain responsibility for all aspects of development and delivery of psychological services, consultation and direct delivery of services. ARCH Psychological Services is a general practice in clinical and consulting psychology. We receive referrals from the courts, from quasi-judicial bodies as well as from lawyers, doctors, ministers, social workers, employee assistance programs and through client recommendation. We provide a full range of psychological services including assessment, individual/relationship and family therapy, mandated interventions, program consultation and educational services. Services are provided in Edmonton, St. Albert, Grande Prairie and High Prairie.

We have developed specialized expertise in working with child sexual abuse, custody disputes, forensic populations, civil litigation, community corrections, Aboriginal communities, Posttraumatic Stress, family conflict, adolescent problems, and physical/mental health disorders. We believe in treating individuals and families in a holistic manner which is respectful of the individual and fosters the individual's potential for growth and development.

A major project involved the development of a comprehensive, integrated community sexual abuse intervention and treatment program in collaboration with four aboriginal communities through funding by the Aboriginal Healing Foundation. We also provided Healing Workshops for residential school survivors and their families.

The practice now consists of a partnership focusing on clinical service delivery and development of specialized psychological programs. I conduct and supervise a variety of assessments including the following.

- Comprehensive custody/access assessments, parenting, family dynamics
- Dangerous offender and dangerous sexual offender assessments
- Forensic assessments evaluating criminal responsibility and providing pre- sentence and treatment recommendations
- Civil litigation assessments, especially with respect to the effects of sexual abuse and the impact of trauma
- Clinical assessments – mental health functioning, treatment needs, vocational and academic aptitude
- Assessments mandated by adjudication tribunals such as the Criminal Injuries Review Board and the Indian Residential Schools Adjudication Secretariat.

Further to my active involvement in the development of the Family Law Practice Note 7, I continue to carry out a variety of court mandated interventions. I also provide interventions designed to foster voluntary conflict resolution.

I provide intensive therapy to a wide variety of clients. I see victims, offenders, law enforcement officers, individuals with severe mental health difficulties or disabilities or longstanding sequelae of trauma. Clients may be seen individually, as couples or families. Group therapy is arranged as warranted.

**Assistant Director**

1981-1988

Forensic Assessment and Community Services

Edmonton, AB

This position included responsibility for development and administration of multidisciplinary therapy programs for offenders and their families in Edmonton and Northern Alberta, direct supervision of professional and public education programs, extensive clinical intervention with sexual or violent offenders and their families and administrative responsibility for coordination of services with government and private organizations. I served as Supervisor of Therapy Programs, Manager of Psychological Services, Coordinator – Incest Program, and Coordinator – Community Education and Liaison.

**Senior Psychologist**

1976-1981

Diagnostic and Referral Unit, Occupational Health and Safety Program, Personnel Department  
Government of Alberta

Development of a province-wide Employee Assistance Program for provincial employees, direct supervision of consulting psychologists, program administration and staff training.

**Senior Psychologist**

1973-1976

Community Services Unit, Alberta Mental Health Services

Program planning, psychological consultation to community nurses, assessment and treatment of psychiatric patients in the community, direct supervision of psychology staff.

**Psychologist**

1970-1973

Alberta Hospital Edmonton

Psychological assessment and therapy on admissions unit, group therapy instruction in the School of Nursing, community mental health planning.

**Psychologist**

Summer 1969

Edmonton Guidance Clinic

Assessment and treatment of children and families.

**Social Worker**

1967-1968

Department of Welfare, Government of Alberta

Case worker with permanent teenage wards and adoptions.

## Previous Professional Experience

<b>Supervisor of Provisional Psychologists</b> College of Alberta Psychologists	1988 – Present
<b>Instructor – Law Enforcement Program</b> Grant MacEwan College “Mental Health and Mental Illness” Also responsible for design and development of course curriculum.	1987 – 1989
<b>Instructor/Consultant</b> Alberta Social Services Staff Development, “Community Interventions for Child Sexual Abuse”: A two-day seminar for allied professionals in rural and Native communities. Also responsible for seminar design and development.	1985 – 1991
<b>Seminar Instructor</b> Correctional Services of Canada Staff training regarding incest, sexual offenders and violent offenders	1985 – 1989 Western Region and Bowden Institution
<b>Faculty Member – Doctoral Internship Program</b> Alberta Hospital Edmonton Accredited by the Canadian Psychology Association	1984 – 1988
<b>Consultant/Facilitator</b> Imperial Oil Ltd., Edmonton “Capitalizing on Change”: Stress Management Seminar for staff facing relocation or lay-off	1984 – 1985
<b>Consultant</b> Yellowhead Family Sexual Abuse Treatment Program Provided staff training, assisted in program design and development and provided evaluation of program and recommendations	1983 – 1990 Hinton, AB
<b>Counselor</b> University of Alberta – Student Counseling Services	1970 – 1971
<b>Counselor</b> Edmonton Day Centre Rehabilitation Workshop, Overnight Shelter, Individual counseling with transient men	1969 – 1970
<b>Teaching Assistant: Learning Theory</b> University of Alberta, Department of Psychology	1968 – 1969

## Expert Witness Experience

I have been sworn as an expert witness on various occasions over the past 28 years in the court of Queen's Bench, Provincial court and Juvenile and Family court. Areas of expertise have been designated as including clinical psychology, forensic psychology, clinical assessment and treatment, parenting, custody and access issues, child sexual abuse etc.

I have provided expert testimony before the Law Enforcement Review Board, Edmonton; the Criminal Injuries Review Board; the Disciplinary Tribunal for the Profession of Psychology and the Indian Residential Schools Adjudication Secretariat. On two occasions I was retained jointly by the litigant and the Queen as the assessor in a case before the Federal Court of Canada, Trial Division. I have also provided assessment, consultation and therapy regarding members of our profession on behalf of the Registrar of the College of Alberta Psychologists.

A representative sample of court appearances in which I was sworn as an expert witness is provided as follows:

Crown vs. R., Provincial Court, Edmonton, AB Presentence hearing on breach of L.T.S.O.	February 2014
H. vs. B., Queen's Bench, Edmonton, AB Custody/access	June 2013
Crown vs. O., Provincial Court, Edmonton, AB Criminal	February 2012
F. vs. J., Queen's Bench, Edmonton, AB Parenting and sexual offense risk Opinion regarding previous Psychological Assessment	June 2011
J. vs. C., Queen's Bench, Edmonton, AB Custody/access	April 2011
T. vs. T., Queen's Bench, Edmonton, AB Custody/access	October 2008
S. vs. C., Provincial Court, Edmonton, AB Custody/access	July 2008
Crown vs. B., Queen's Bench, Edmonton, AB Dangerous offender hearing	April 2008
S. vs. B., Queens Bench, Edmonton, AB Parenting/access	April 2007

Crown vs. R., Queen's Bench, Edmonton, AB Dangerous offender hearing	November 2006
S. vs. R., Queen's Bench, Edmonton, AB Custody/access	May 2006
Crown vs. W., Queen's Bench, Edmonton, AB Dangerous offender hearing	April 2006
Crown vs. T., Queen's Bench, Edmonton, AB Dangerous offender hearing	October 2004
Crown vs. C., Provincial Court, Edmonton, AB Young offender hearing	July 2004
Ms. R. & Ms. J. vs. Her Majesty the Queen, Queen's Bench, Edmonton, AB Civil litigation	January 2001
B. vs. B., Queen's Bench, Edmonton, AB Custody/access	January 1998
J. vs. J., Queen's Bench, Edmonton, AB Custody/access	October 1997
G. vs. G., Queen's Bench, Edmonton, AB Custody/access	June 1997
Crown vs. F., Provincial Court, Edmonton, AB Criminal	October 1996
D. vs. R., Queen's Bench, Edmonton, AB Custody/access	April 1995
M. vs. N., Queen's Bench, Edmonton, AB Custody/access	January 1995
M. vs. M., Queen's Bench, Edmonton, AB Custody/access	October 1993
Crown vs. H., Provincial Court, Youth Division, Edmonton, AB Waiver hearing	March 1992
Crown vs. W., Queen's Bench, Edmonton, AB Criminal	December 1991

Crown vs. S., Provincial Court, Tofield, AB  
Preliminary hearing

August 1991

## **Professional Memberships and Activities**

- Steering Committee** 2000 – 2002  
Athabasca University  
Responsible for Development of Institute for Psychological Health and Psy.D. Program.  
Originated through collaboration between the Psychologists' Association of Alberta and Athabasca University.
- Psychologists' Association of Alberta** 1997 – 2002  
Doctoral Program in Professional Psychology  
Planning Committee Member
- Psychologists' Association of Alberta Board** 1997 – 1998  
President, 3-year term as Board Member
- Psychologists' Association of Alberta  
& Human Resources Development Canada** June 1996  
Consultant  
A Guidebook for Starting and Operating an Independent Practice in Psychology
- Alberta Custody/Access Evaluator's Support Group** 1995 – 1998  
Founding Member
- Canadian Psychological Association** 1992 – Present  
Member
- Psychologists in Private Practice** 1990 – Present  
Psychologists' Association of Alberta Interest Group  
Chairman, 1990 – 1992
- “Child Sexual Abuse: The Emerging Picture”** 1985  
Produced by Grant MacEwan Community College  
Presenter; D. Massing, Director  
Eight-Hour Training Video for Social Services Students
- Executive Council, Publications Chair** 1980 – 1992  
Psychologists' Association of Alberta  
Responsible for Founding and Publishing “Alberta Psychology”
- Special Interest Group in Clinical and Counselling Psychology** 1980 – 1983  
Edmonton Chapter, Founding Member

<b>Standing Committee on Standards and Qualifications, Chair</b> Psychologists' Association of Alberta Special Interest Group	1980
<b>Professional Affairs Committee</b> Psychologists' Association of Alberta Responsible for Development of "Standards of Practice"	1979 – 1980
<b>Professional Community Activities</b>	
<b>Collaborative Institute for Psychological Health</b> Director	2004 – Present
<b>Integrated Community Response to Sexual Abuse</b> Conference Sponsor, St. Albert, AB	June 2000
<b>Legal Aid Society of Alberta, Appeals Committee</b> Member (Northern Region)	Sep. 1998 – Sep. 2000
<b>Action Group of Psychologists Serving Native Communities</b> Founding Member	1995
<b>Interagency Committee on Child Sexual Abuse</b> Produced "The Protocol & Practice Recommendations for Child Sexual Abuse Investigations"	January 1988
<b>Interagency Committee on Child Sexual Abuse</b> Founding Member, Edmonton Region	1985 – 1991
<b>Advisory Committee on Legal Responses to Domestic Violence</b> Member	1982 – 1986
<b>Joint Incest Program Committee</b> Sexual Assault Centre and Runaway Project (Group 5), Founding Member	1982 – 1984
<b>Inter-Agency Committee on Juvenile Sex Offenders</b> Founding Member	1982
<b>Child Sexual Abuse Treatment Program</b> Sexual Assault Centre	1982
<b>Senior Staff Group, Division of Mental Health</b> Coordination of Mental Health Resources, Chairman	1974 – 1975
<b>Acadia House Society</b>	1973 – 1977



Residential Treatment Center for Disturbed Adolescents  
Founding Board Member

**Canadian Mental Health Association** 1973 – 1974  
Volunteer Counselor and Social Action Committee Member

**Freedom Home** 1970 – 1973  
Community Group Residence for Teenage Girls, Board Member

## Publications

**Healing Together, Our Sacred Journey**  
Integrated Community Sexual Abuse Intervention and Treatment Program, 2000 - Principal Author

**Professional Psychologists: Health Care Providers**  
Alberta Native News, Vol.15, Number 2, February, 1998, pp20

**The Professional Psychologist as a Health Care Provider**  
Canadian Journal of Clinical Medicine, October, 1997, 4(9) and the Barrister, September, 1997, pp 22-24

**The Future Role of the Counseling Psychologist: A Mediator between the Individual and Society** with W. Penner. The Canadian Counselor, June 1972, 6(3)

**Life Skills Evaluation:** In Evaluations of Life Skills Training  
Prince Albert, SK, Manpower and Immigration, Training Research and Development Station, 1974

**Treatment and the Total Milieu**  
With D. McNeil. The Advocate, Winter, 1976

**EAPs: Barriers to Effectiveness.**  
In S.H. Klarreich, J.L. Francek and C.E. Moore (Eds.)  
The Human Resources Management Handbook: Principles and Practice of Employee Assistance Programs New York: Praeger, 1985 pp 393-408

## Applied Research

**Healing Together** Aug. 2022  
Program Development and Implementation  
Interim Research Report – Project Sponsor

**Program Evaluation** 1976  
Diagnostic and Referral Unit, Personnel Services  
Government of Alberta

**Follow-up Services for Psychiatric Patients in Edmonton** 1976  
Alberta Hospital Edmonton

**Acadia House Program Evaluation** 1976  
With B. O'Hagen

**A Survey of Residential Placement  
Needs for Adolescents in Edmonton** 1976

**The Personal Functioning Index:** 1975  
An Initial Evaluation of Validity, Reliability and Utility  
Alberta Hospital Edmonton (with C. Lennox)

**Foster Care for the Mentally Ill:** 1975  
The Approved Homes Program  
Alberta Hospital Edmonton

## Professional Presentations

**“Healing Together: Our Sacred Journey”** Oct. 18, 2011  
Sexual Assault Centre Conference: Sexual Violence in Marginalized Communities, with A.  
Baird Edmonton, AB

**“High Conflict Parenting Disputes – A Psychological Perspective”** Oct. 2006  
Presentation to the Family Law Subsection of the Canadian Bar Association, with the Hon.  
Justice A. Moen and G. Lucki Edmonton, AB

**“Healing Together”** Mar. 7, 2003  
Innovative Integration of Traditional and Contemporary Approaches in Aboriginal Community  
Based Programs – Alberta Alliance on Mental illness and Mental Health Partnership,  
Participation and Innovation Conference  
With R. Willier and M. Peters Edmonton, AB

**“Healing Together”** July 13, 2002  
Community Elders' Gathering  
Dynamics of Sexual Abuse in the Community St. Albert, AB

**“Healing Together”** May 14, 2022  
A Transformative Community Justice Model Presentation to Aboriginal Crown Counsel

- With C. Daniels, P. Joachim, R. Willier and G. Lucki Red Deer, AB
- “Healing Together”** Nov. 20 – 23, 2011  
Grande Prairie, AB  
Seminar: Integrated Community Sexual Abuse Intervention and Treatment Program
- “Healing Together”** Oct. 24 – 26, 2001  
Seminar: The Dynamics of Sexual Abuse Grande Prairie, AB
- “Healing Together”** Sep. 25 – 27, 2001  
Fort Chipewyan, BA  
Seminar: Integrated Community Sexual Abuse Intervention and Treatment Program
- “Healing the Residential School Wounds”** Sep. 4 – 6, 2001  
St. Albert, AB  
Nechi Institute  
Workshop: Integrated Community Sexual Abuse Intervention and Treatment Program
- “Healing Together”** Aug. 29 – 31, 2000  
Seminar: The Dynamics of Sexual Abuse Fort Chipewyan, AB
- “Healing Together”** June 2, 2000  
Conference Organizer/Sponsor (with Nechi Institute) St. Albert, AB  
Workshop: Integrated Community Sexual Abuse Intervention and Treatment Program
- “Suicide Assessment and Intervention”** Nov. 8, 1997  
Freehorse Wellness Society Edmonton, AB
- “Looking After Yourself – Dealing with Counselor Stress”** Nov. 3, 1997  
Peer Counselling Program, Women’s Prison Edmonton, AB
- “Managing Personal Problems in the Professional Workplace”** Feb. – Oct. 1990  
Edmonton, AB; Ft. McMurray, AB; Red Deer, AB; Grande Prairie, AB; Lethbridge, AB;  
Vermillion, AB; Calgary, AB  
Division of Continuing Pharmacy Education  
Faculty of Pharmacy and Pharmaceutical Sciences - Seminar Series
- “Treating Incest/Pedophilic Offenders”** June 19 – 22, 1988  
Second Symposium on Violence and Aggression  
Sponsored by the Government of Canada and the University of Saskatchewan
- “Incest Dynamic: Etiology and Treatment”** Mar. 10, 1988  
Institute of Psychology and Law Edmonton, AB  
Conference: Sex Offenders and Their Victims

<b>“The Client-Counselor Relationship, Roles and Expectations”</b> Alberta Pharmaceutical Association, PRN Training Event	Feb. 17, 1988 Edmonton, AB
<b>“Effective Corrective Action for Problem Employees”</b> Productivity '86, Personnel Performance Consultants	Oct. 29 – 30, 1986 Saskatoon, SK
<b>“Community Interventions for Child Sexual Abuse”</b> Alberta Social Services Two-day seminars for allied professionals in rural and Native communities	1985 – 1991
<b>“Incest Offenders, Sexual Offenders and Violent Offenders”</b> Correctional Services of Canada, Western Region and Bowden Institution Staff training seminars	1985 – 1989 Innisfail, AB
<b>“Why Do Men Commit Incest?”</b> Treatment of Incest Offenders and Their Families, Need for Coordinated Intervention Annual Conference, Psychiatric Nurses' Association of Alberta	Nov. 15, 1984 Edmonton, AB
<b>“Treatment of Incest Offenders and Their Families”</b> Alberta Hospital Edmonton Forensic Conference – Mental Health and Corrections	Mar. 22, 1984 Edmonton, AB
<b>“Capitalizing on Change”</b> Imperial Oil Ltd. Stress Management Seminar for staff facing relocation or lay-off	1984 – 1985 Edmonton, AB
<b>“Child Sexual Abuse”</b> Development of Treatment Program for Incest Offenders and Coordination between Judicial and Therapeutic Systems Child Welfare League of American Annual Conference	June 21/24, 1983 Edmonton, AB
<b>“Child Sexual Abuse: Dealing with the Offender”</b> Edmonton, AB Child Sexual Abuse Conference, Legal Reform Project, Student Legal Services	Sept. 18, 1982
<b>“Incest: Community Problem – Community Solutions”</b> Conference Co-Organizer Sponsored by the Sexual Assault Centre & Forensic Assessment and Community Services	Apr. 26, 1982 Edmonton, AB
<b>“Sexual Offenders Workshop”</b> Community Corrections, Alberta Solicitor General	Nov. 25, 1981 Red Deer, AB
<b>“The Paper Tiger: Organizational Barriers to Referrals”</b> Input '81, Fourth Biennial Canadian Conference on Employee Assistance Programs	Oct. 5, 1981
<b>“The Nature of Behavioural Health Problems”</b> Work Performance and Behavioural Health Problems Sponsored by AADAC and the University of Alberta, Faculty of Education	Mar. 6 – 7, 1980

**“State of the Art in Employee Assistance Programs”** Oct. 2, 1979  
Presenter  
Personnel Association of Alberta Edmonton, AB

**“Employee Assistance Program”** Sept. 23, 1979  
Input '79 Ottawa, ON

## Public Education

**“Lights, Camera... Murder? Criminal Acts and the Quest for the Spotlight”**  
Interview with Michael Higgins, Alberta July 2012  
Prime Time, CTV Edmonton Edmonton, AB

**“Adoptions”** Feb. 2007  
Presenter; A. Amato, Producer  
CHUM TV Edmonton, AB

**“Child Sexual Abuse”** Mar. 2004  
Public Service Announcement  
Sponsor and Consultant  
Global TV Edmonton, AB

**“Healing Together: Our Sacred Journey”** June 25, 2003  
Integrated Community Sexual Abuse Intervention and Healing Program Brochure, with R. Willier

**“Unsolved Murders”** Dec. 1995  
Interview with L. Steele, I.T.V. Production

**“Shattered Innocence”** July 1986  
Half-Hour video on the Significance of Incest in Society  
Presenter; L. Whitmore, Director  
I.T.V. Production

**“Cry Softly”** Apr. 1984  
Half-Hour Video on Incest Intervention Program  
Presenter; A. McGaw, Director  
Produced by Metis Association of Alberta

**“Incest”** Mar. 1983  
Nightline, Talk Show on CJCA Radio, Edmonton, AB

**“Rape” and “Incest”** Feb. 1983  
Edmonton Extra Special, Talk Show on CJCA Radio, Edmonton, AB  
Hosted by P. Wright, Lawyer

Also, a variety of press interviews as well as presentations and open-line appearances on radio and television.

**References and Documentation Available Upon Request**