

## Stasia Lucki, M.Psych., R.Psych.

### PROFESSIONAL REGISTRATION

**Registered Psychologist** with the **College of Alberta Psychologists**. Certificate #1832

Full Member – Psychologists' Association of Alberta

### PROFESSIONAL EXPERIENCE

#### **Psychologist – Clinical & Consultation**

(March 2005 – Present) ARCH Psychological Services, Edmonton

Psychologist and part-time Associate in a full-service clinical and forensic psychology private practice with an established reputation in comprehensive assessments and in the treatment of post-traumatic impacts in children and adults. Clinical and counselling practice, play therapy and theraplay, EMDR, marital, and family therapy. Qualified in Provincial Court as an expert in childhood sexual abuse and clinical psychology of children. Qualified as an expert before the Criminal Injuries Review Board in post-traumatic stress.

#### **Psychologist**

(February 2011 – present) Alberta Health Services – Chronic Disease Management Reviewing current health research in the area of chronic disease management research, creating educational materials, and providing best practice support and education to health care professionals in the field. Delivering education to patients, on effective interventions and current best practices.

#### **Psychologist**

(2004 – Feb 2010) CASA Child, Adolescent and Family Mental Health

Psychologist/Mental Health Therapist - School Age Services & Chair, Psychology Department (2007 – 2010)

Senior Therapist (2004 – 2007)

Offered psychological treatment to adults, including long term psychodynamic group treatment, individual, family and marital therapy. Conducted parenting groups, social skills groups, incredible years, filial therapy, trauma and attachment groups, family therapy, and co-therapy to the adult long-term psychodynamic therapy group.

Provided assessment, psychological and psychotherapeutic services to children, adolescents and parents experiencing symptoms of complex and severe mental disorders over the range of DSM IV diagnostic categories. Liason with teachers, schools re: classroom management of mental health conditions.

Senior Therapist duties included clinical supervision to two teams of clinicians in the School Aged Services program, and coordination of the Family Therapy Team. Provided supervision to psychology interns and students placed in these programs. Other duties included occasional cover-off for Manager, sitting as a member of the Education Committee, and half time clinician. Resigned as Senior Therapist in order to reduce FTE to part-time.

### **Psychologist**

Collaborative Psychological Resources

(2001 – 2004) Edmonton

(1991 – 1997) Red Deer

Operating a small independent professional practice providing psychological consultation, assessment, and psychotherapy services to individuals or families suffering from symptoms of a psychological disorder or dysfunction. Medical or self-referral or employee assistance programme clientele. Developed and offered workshops and StressCHECK consultations relating to stress originating primarily from workplace related precipitants.

Psychotherapeutic services to children and adolescents and focused assessments of psychological functioning.

### **Psychologist – Clinical, Consultation & Training**

“Healing Together: A Community Based Sexual Abuse Treatment and Intervention Program” (2001 – 2003)

ARCH Psychological Services

**Consulting** psychologist and **community development** facilitator to an Aboriginal Healing Foundation funded project. Clinical and consulting services to the Grande Prairie urban Aboriginal community and several First Nations reserves with respect to the development and implementation of a community based initiative to address the problem of child sexual abuse in these communities.

Collaborated with an Elder to deliver culturally sensitive **training** to Health Care Staff, Addictions, Social and Community workers at Sturgeon Lake re: mental health implications of trauma. Examined systemic barriers to the implementation of programs, offered consultation. Individual, group and family therapy. Consultation to healing and justice committees. Psychological support to traditional healing circle participants.

### **Psychologist / Managing Clinician**

(1999 – 2001) Bosco Homes

In addition to management responsibilities, as the clinician for a ten bed treatment unit in a residential treatment complex for adolescents, I conducted individual, group, and milieu therapy for teens suffering from multiple psychological, behavioural and psychiatric conditions. Group therapy included therapeutic community, psychoeducational groups in defined program areas and psychotherapeutic process groups. Individual treatment involved CBT, solution focused treatment, interpersonal therapy.

### **Psychologist & EAP Program Manager/ Consultation / Training**

(1997 – 1998) Canada Post EAP contract with responsibility for Alberta and the NWT

Direct **clinical** services including assessment and psychological treatment of employees and family members. Treatment focus mandated as short term, primarily CBT, solution focused, with extensive liaison and referral to community agencies.

**Consultations** to CPC managers and teams regarding workplace performance and psychological health, work environment audits, the prevention and remediation of workplace psychosocial dysfunction and minimizing stress.

Delivered **workshops/training** programs for management staff on topics such as “Mental Health and the Workplace, Dealing with Difficult People, Handling Stress, Successful Conflict Resolution, and Diffusing Dangerous Situations.” Training for EAP referral agents. Consultation to direct treatment providers re: administrative management of complex cases on request.

**Psychologist**

(1990 – 1991) Red Deer Regional Hospital Center – Inpatient Services

As the sole Psychologist serving a 24 bed acute-care psychiatric unit, my responsibilities included psychological consultations to the medical and nursing staffs, psychometric assessment, individual, family and group therapy to selected inpatients, a small out-patient psychotherapy caseload, and liaison with the Psychiatric Out-patient Services staff and other members of the patient care team. I offered cognitive behavioral, psychoeducational, and psychodynamic process groups to in-patients and outpatients shortly after discharge. I also provided in-service education to primarily to nursing staff in the Psychiatry Department.

**Psychologist / Mental Health Therapist**

(1986 – 1990) Ponoka Mental Health Clinic, Central Region Mental Health Services

Rural community multidisciplinary accredited mental health clinic, principal duties included the assessment and psychotherapeutic treatment of families and individuals (of all ages) presenting with significant disturbances of behaviour, thought or emotion; liaison with community agencies and referral to specialized services where necessary.

The time noted includes temporary cover-off work prior to having defended my thesis, practica, and subsequent full-time employment as a psychologist. Practica: Alberta Mental Health Services Ponoka & Alberta Hospital Ponoka. During my practicum at Alberta Hospital Ponoka I conducted full assessments on patients recently admitted to hospital, and psychotherapy with patients on the brain injury rehabilitation unit.

**Consulting Psychologist (Under contract appointment)**

(July 1991 – September 1993) Correctional Service of Canada, National Parole Board of Canada at Bowden Institution

I provided more than 250 complex psychological assessments with respect to Parole Board Reviews of higher risk inmates serving long-term sentences for serious violent crimes or sexual offences. Assessments included issues of dangerousness, recidivism risk, post-discharge planning and treatment recommendations.

**OTHER CONSULTATION & TRAINING****Training Psychologist**

(1992 – 1997) Red Deer Sexual Assault Center

Conducted the training of volunteers in crisis intervention and counselling of victims of sexual assault and their families.

**Consulting Psychologist (Part-time)**

(1993 – 1995) Alberta Advanced Education and Career Development

Provided psychological consultation with respect to the vocational rehabilitation of adult individuals with significant employment related handicaps. The focus was to diagnose and recommend interventions for individuals to allow them to gain and/or maintain employment. Consultations provided jointly with a learning psychologist.

**Sessional Instructor (Part-time)**

(1992 – 1993) Red Deer College, Stettler

As cover-off for a sabbatical, taught Psychology 260 - Introductory Psychology

**PROFESSIONAL APPOINTMENTS**

Psychologists' Association of Alberta - Director (2002 – 2005)

Elected to the Board of Directors of the Alberta Psychologists' Professional Association.

Chair, Public Promotions Committee (2004 – 2005)

Member Board of Directors of the Psychological Health Foundation (2002 – 2003)

Co-chair, Continuing Education Committee (2002 – 2003)

**College of Alberta Psychologists – Credentials Evaluation Committee**

(1998 – 2004)

The Credentials Evaluation Committee reviews applications of new registrants for licensure as psychologists under delegated government authority. Academic transcripts and applications as a provisionally chartered psychologist are reviewed to determine whether the applicants training satisfies the statutory requirements for registration. Complex applications involving the assessment of equivalency of foreign and non-traditional training are also considered.

**Alberta Government Mental Health Review Panel**

(1991 – 1996)

Appointed by the provincial Minister of Health to sit on the Mental Health Review Panel for Alberta Hospital Ponoka. Under the provisions of the Mental Health Act, the Review Panel sat as a tribunal and heard evidence and rules on applications from formal (involuntary) patients for cancellation or modification of their involuntary patient status or treatment.

**EDUCATION**

**Master of Psychology** (Magister Psychologii) degree in Psychology received from the **Catholic University of Lublin**, Poland (December 1987)

Completed the **professional programme in psychology** (October 1983 - December 1987). Relevant coursework included lectures and practical training in Clinical Psychology, Psychotherapy (and small-group dynamic), Family Psychology, Psychological Counselling, Elements of Psychiatry and Neurology (at the Psychiatric Clinics of the Lublin Medical Academy), Rehabilitation Psychology, Psychometric and Projective Personality Assessment (adult, child and pathological), Assessment of Intelligence, and Educational Psychology.

Defended a Master's thesis - dual specialization in **Clinical and Personality Psychology**

Thesis supervisor: Prof. Dr Habil. Zenomona Pluzek.

While studying at the Catholic University of Lublin I was in receipt of a **full Rector's scholarship** for the duration of my studies.

**RECENT CONTINUING EDUCATION****EMDR Advanced Certificate**

Completed two years of Canadian Association for Child and Play Therapy - play therapy certificate program offered at the University of Western Ontario.

Theraplay Level 1

**Other Training:**

Non abusive restraint

CPR

## **COMMUNITY INVOLVEMENT**

School Board Director –New Horizons Charter School (2000 – 2002)

Catholic Social Services - Central Region Advisory Board (1990 – 1992)

Employment Placement Support Services- Board of Directors (1987 –1988)  
EPSS offers employment support service to individuals with physical and/or mental handicaps.

Preventative Child Welfare Task Force (1986 – 1987)  
Appointed to the Red Deer Family and Community Support Services Preventative Child Welfare Task Force. The FCSS mandated the task force to recommend programmes and community initiatives to reduce the need for Child Welfare intervention or child protection issues from arising.

Red Deer (F.C.S.S.) Family and Community Support Services Board (1982 – 1983)  
Appointed to the F.C.S.S. Board of Directors - The board oversees and takes executive responsibility for management and disbursement of social programming funds from the Municipality.

Red Deer Day-Care Management Board (1982 – 1983)  
Appointed to the Board of Directors overseeing municipally run daycare services.

Red Deer Municipal Planning Commission (1981 – 1982)

## **REFERENCES**

References provided on request.