

ARCH

Psychological Services

Mitchell Loepp

EDUCATIONAL HISTORY

Athabasca University Edmonton Campus (September 2015 – February 2016)

Edmonton, Alberta

Psychology 379 – Social Psychology

University of Windsor 2012-2015

Windsor, Ontario

M.A. Child Clinical Psychology

Thesis title: *Stress-related growth of parents raising children diagnosed with autism*

<http://scholar.uwindsor.ca/etd/5315/>

Concordia University College of Alberta 2005-2009

Edmonton, Alberta

Bachelor of Arts with High Distinction

Major: Psychology (Applied Emphasis) Minor: Sociology

CLINICAL EXPERIENCE

ARCH Psychological Services—Grande Prairie, Alberta

Registered Provisional Psychologist (September 1st, 2017 – Present)

I will provide psychological assessment and individual, group and family therapy to children, adolescents and adults as a member of ARCH Psychological Services under the supervision of George Lucki.

University of Windsor—Windsor, Ontario

Child Clinical Assessment (January-August 2014)

-Provided diagnostic psychological assessments to five children between the ages of 6-12 under the supervision of Dr. Catharine Lee.

The psychological assessments included interviews with the primary caregiver(s) and the child, intellectual and personality assessments; and feedback to the caregiver(s) on the results of the assessment.

-Had experience working as part of a team with my supervisor, student advisor and other colleagues in determining and implementing appropriate treatment plans.

-Responsible for maintaining clinical records for individual sessions and assessments.

University of Windsor—Windsor, Ontario

Child Therapy (January-June 2014)

Therapy Practicum under the supervision of Dr. Roseanne Menna

-Provided Cognitive Behavioural Therapy (following the Coping Cat program as a guideline) for 12 weeks to a 13-year-old boy who was previously diagnosed with anxiety and depression. Made adaptations to the Coping Cat program to more accurately address

the goals of treatment for this individual client. Had meetings with both mother and child along with my therapy supervisor to discuss progress reports.
-Responsible for maintaining clinical records for individual sessions and progress reports.

Concordia University College of Alberta (Edmonton, Alberta)

Psy 486, Field Placement I (September 2007-April 2008)

-Acted as a teaching assistant one day per week for eight hours as part of the Child and Parent Head Start Program for children ages 3-5 from low income families. Assisted in writing lesson plans and provided one-on-one support to children who are cognitively and/or socially delayed. Also constructed and led various games that facilitated the understanding of English and mathematics. When necessary had to implement appropriate consequences to children who were misbehaving (e.g., time-out).

WORK EXPERIENCE

Childcare Counselor (December 2016- Present)

CASA house – Sherwood Park, Alberta

-Worked with a multidisciplinary team to provide treatment for adolescents with suicidal ideation, depression, anxiety, eating disorders, gender confusion etc.
- Mediated conversations between adolescent and caregiver(s) that promoted healthy relationships
-Discussed effective parenting strategies with the legal caregivers of the adolescents
- Attended weekly meetings and completed progress reports for the adolescents under my caseload

Classroom Behaviour Specialist (September 2016- Present)

CASA – Adolescent Day Program/ Child Day Program – Edmonton, Alberta

-Implemented individual treatment/education plans for children diagnosed with various learning disabilities and or developmental delays

Independent Contractor (June 2015- November 2015)

Professional Lawn Care Service and Painting

-Landscaping and Final Grading

Teaching Assistant: (September-April 2014)

University of Windsor—Windsor, Ontario

Professor Dr. Ken Cramer (Introductory Psychology 100-level courses)

-Proctored and graded exams and acted as a lab instructor where I created and taught information about the course to students.

Teaching Assistant: (September-April 2012)

University of Windsor—Windsor, Ontario

Professor Dr. Marcia Gragg (Behavioural Modification 400-level courses)

-Proctored and graded exams, graded assignments and term papers.
-Assessed and consulted with students as they completed their practicum hours in various settings.

Day Program Disability Support Worker: (2012)

Mira Facilitation Centre

-Provided direct support to individuals with Down Syndrome and facilitated their access to various community programs and inclusion activities.

Interventionist: (May 2011-June 2012)

Centre for Autism Services Alberta—Edmonton, Alberta

- Provided one-on-one instruction to children and adolescents diagnosed with Autism Spectrum Disorder. Educated higher functioning clients on skills necessary for independent living.
- Led camps and community outings for 15 children between the ages of 5-12. Educated families about the causes and prognosis of Autism. Conducted planning meetings for 6 clients between the ages of four and 16. Challenged each client to increase their vocabulary, strengthen receptive knowledge and decrease rigidity

Child and Youth Care Worker: (May 2007- April 2011)

Catholic Social Services Edmonton—Edmonton, Alberta

- Worked in residential homes with children and youth diagnosed with Fetal Alcohol Spectrum Disorder, Autism Spectrum Disorder, Attention Deficit Hyperactivity Disorder, Post-traumatic Stress Disorder, Reactive Attachment Disorder and Major Depression.
- Performed client in-take interviews and follow-up case conferences. Conducted informal counseling and registered the clients in school and extracurricular activities.
 - Wrote Critical Incident Reports and Suicide safety plans for “at-risk” clients as well as dealt with self-harm behaviour (e.g., cutting) and implemented appropriate consequences for misbehaving.
 - Attended Aboriginal meetings monthly in order to be the Aboriginal representative at the residential treatment facility.

Independent Contractor-Research and Writing Academic Material: (May 2009 – December 2009)

Concordia University College of Alberta—Edmonton, Alberta

- Worked under the direction of Dr. Annabel Evans and Dr. Bryan Rooney
- Researched academic articles that utilized particular statistical techniques
- Summarized articles by categorizing: the research problem, hypothesis, assignment of participants to groups, independent/dependent variable(s), experimental design, statistical analysis, results and conclusions.
- Formulated multiple choice questions associated with particular academic articles and statistical techniques.

Evans, A. N., & Rooney, B. J. (2011) *Methods in Psychological Research* (2nd ed.). Los Angeles: Sage.

VOLUNTEER EXPERIENCE

Experienced Community life as a treatment for Individuals with addictions (January 2017- May 2017)

- Conducted informal interviews regarding the effectiveness of this treatment from individuals who were part of the community from 6 months to 2 years.
- Attended meetings on the appropriate stages of developing a community with the purpose of treatment
- Discussed possible tools to educate incoming clients to foster adaptive coping.
- Interviewed clients prior to their admission to St. Philomena House.

Provide Hospitality to the poor (September 2016 – Present)

Marion Centre Edmonton, Alberta

- Serve food and talk to the “Brother Cristophers” during the lunch hour
- Provide physical necessities of life when requested and if available

Childcare for Children with Autism (January 2013 – May 2015)

Summit Centre for Preschool Children with Autism—Windsor, Ontario

- Provided one-on-one support for children with autism between the ages of 3-6 whose parents were being trained in Applied Behavioural Analysis (ABA)

Self-Study (Program Review) (October 2011)

Concordia University of Alberta—Edmonton, Alberta

- Worked with the Psychology Department of Concordia University of Alberta.
Contacted previous graduates from Concordia University College and read them a program review for the psychology department and compiled feedback about the 3 and 4 year psychology programs.

Mission Work (February 2006, 2007, 2009 – 1 week)

First Nations Communities North of Vancouver Island (Kingcome and Klemtu)

- Directed workshops for children and adolescents that included crafts and sporting events.
- Assisted the elders in the community with daily living responsibilities

Residential Treatment Facility/Group Home (May 2006 – May 2007)

Catholic Social Services Edmonton—Edmonton, Alberta

- Mentored “at-risk” adolescent boys and engaged in one-to-one activities with the youth
- Facilitated discussions that de-escalated clients in the home and assisted the youth in completing school work and/or resumes for work.

ACADEMIC HONORS AND AWARDS

Social Sciences and Humanities Research Council (SSHRC; 2013)

University Entrance Scholarship-University of Windsor (2012)

Honors with High Distinction at Concordia University College of Alberta (2005-2009)

Concordia Academic Achievement Award (2005, 2006, 2007, and 2008)

Jason Lang Academic Achievement Award of Alberta (2006, 2007, and 2008)

The Arthur Leeman Hooper Memorial Scholarship (2006)

University Entrance Scholarship-Concordia University of Alberta (2005)

WORKSHOPS AND CERTIFICATION

June 2011: Pivotal Response Treatment Level 2 and 3 (Autism Services)

May 2011: Pivotal Response Treatment Level 1 (2 days- Autism Services)

September 2010: Aboriginal Awareness Workshop (1 day- Catholic Social Services)

February 2010: Aboriginal Awareness Conference (2 days –Catholic Social Services)

April 2016: Therapeutic Crisis Intervention Certification (25 hours of training)

May 2016: Aboriginal Awareness Workshop (1 day- CASA House)

RELATED COURSEWORK

46-519. Advanced Developmental Theory and Research Methods

46-540. Developmental Psychopathology

46-580. Psychopathology

46-581. Ethical and Professional Issues in Clinical Psychology

Assessment and Therapy Courses

46-582. Clinical Assessment I

46-583. Clinical Assessment II

46-651. Survey of Child Psychotherapies

46-652. Child Clinical Assessment

46-674. Introduction to Psychotherapy

46-675. Child/Adolescent Clinical Interventions I

46-676. Child/Adolescent Clinical Interventions II (Supervised Practice)