

ARCH

Psychological Services

DR. DAVIS P. THARAYIL, PH.D.
Registered Provisional Psychologist
thrivingmindpsych@gmail.com

9312 109 Ave
Edmonton AB T5H 1C5

Home: 780-249-1378
Cell (preferred): 780-667-2318

PROFESSIONAL REGISTRATION

**March 2015 to
Present**

Registered Provisional Psychologist (Registration# 1874p)
College of Alberta Psychologists

**January 2015 to
Present**

Registered Clinical Hypnotherapist (Registration# 0115-031815)
Association of Registered Clinical Hypnotherapists (ARCH)

**April 2012 to
Present**

Canadian Certified Counsellor (Certification# 7172)
Canadian Counselling & Psychotherapy Association

EDUCATION

January 2018-present

Graduate Diploma in Psychological Assessment (In Progress)
Concordia University of Edmonton

**June 1998 to
November 2005**

Ph.D. in Psychology (Clinical Psychology)
University of the Philippines, Philippines

**October 1995 to
March 1998**

M.A. in Education (Guidance & Counselling)
Ateneo de Manila University, Philippines

**June 1978 to
March 1981
November 2010 to
June 2014**

Bachelor of Philosophy
Pontifical Institute of Philosophy, India
Hypnotherapy Diploma
Wellness Hypnotherapy Institute, Edmonton, AB

CLINICAL EXPERIENCE IN ADDICTIONS & MENTAL HEALTH COUNSELLING

**January 2017
May 2018**

Private Practice in Counselling & Psychotherapy
<http://www.thrivingmindpsychology.ca/>

**March 2015 to
October 2017**

Supervised Practice (Intern) – Acute Adult Program
Alberta Hospital Edmonton, Edmonton, AB

June 2005 to

Faculty Counsellor – Student Counselling Services

May 2010 University of the Philippines, Angeles City, Philippines

**January 2003 to
December 2003** **Psychiatric Counsellor**
National Center for Mental Health, Mandaluyong, Philippines

POSTSECONDARY TEACHING EXPERIENCE

**December 2010 to
June 2016** **Psychology Instructor**
Red Deer College, Red Deer, AB

**June 2004 to
May 2010** **Associate Professor of Psychology**
University of the Philippines, Angeles City, Philippines

PROFESSIONAL ORGANIZATION AFFILIATIONS

March 2015 to Present College of Alberta Psychologists
January 2015 to Present Association of Registered Clinical Hypnotherapists
April 2012 to Present Canadian Counselling & Psychotherapy Association
December 2014 to Present Psychologists' Association of Alberta
December 2007 to Present American Psychological Association

CONTINUING EDUCATION COURSES

September 16, 2017 **Psychologist as an Expert Witness, Andrew Haag**
Psychologists Meeting the Needs of the Refugee Community, Sophie Yohani
2017 CAP Professional Development Day-Edmonton

February 26, 2016 **Psychology Professional Development Workshop**
(Group Psychotherapy, Acceptance & Commitment Therapy, Addiction and Mental Health)
Psychology Practice Council, Edmonton, AB

November 12-13, 2016 **Mindfulness Counselling Strategies – Activating Compassion And Emotional Regulation**
Crisis & Trauma Resource Institute Inc., Edmonton, AB

April – August 2014 **Ethical Standards - Mental Health Practitioners (S14-PSYC6203)**
Yorkville University, Fredericton, NB

March 08, 2014 **Applied Suicide Intervention Skills Training (ASIST)**
Edmonton, AB

June 2013 **Orientation to Caregiver Training (O.C.T.)**
Child and Family Services Region 6, Edmonton, AB

December 18, 2012

Non-Violent Crisis Intervention

Red Deer College, AB

May 2003

**Harm Reduction Approach: The Cutting-Edge Paradigm in
Addiction Management**

Philippine Center for Substance Abuse Management
Quezon City, Philippines

March to May 1992

Pastoral Ministry in Health Care

St. John's Medical College and Hospital, Bangalore, India

PUBLICATIONS

Tharayil, D.P. (2012). Developing University of the Philippines Loneliness Assessment Scale: A Cross-Cultural Measurement. *Social Indicators Research*, 106(2), 307-321.

Tharayil, DR. P. (2010). Perceptions of Family of Origin among Lonely Adult Filipino Males with Schizophrenia: A Qualitative Analysis. *American Journal of Men's Health*, 4(2), 111-123.

Tharayil, D. P. (2007). Self, Social, and Family Perceptions in Relation to Loneliness Controlling for Depression among Individuals with Schizophrenia. *The Internet Journal of Mental Health*, 4(1), 1-26.

Tharayil, D.P. (2007). Intra and Interpersonal Perceptions of Lonely Individuals Affected by Schizophrenia: A Qualitative Analysis. *DANYAG: UPV Journal of Humanities and Social Sciences*, 12(1), 29-48.

VOLUNTEERING

Free Counselling & Hypnotherapy for Persons in McCauley Community,
with Cognitive, Emotional, & Behavioural Issues **Edmonton, Alberta**
2013-present

Peer Reviewer, American Journal of Men's Health (Sage Publications), USA 2010-2016

Peer Reviewer, Social Indicators Research (Springer Publications)
Netherlands 2012-2015

Workshop Facilitator Assistant, Catholic Social Services'
Group sessions for persons with depression **Edmonton, Alberta**
2010

Volunteer, Supportive Residence of Persons with Mental Illness
The Salvation Army **Edmonton, Alberta**
2010

Davis Tharayil

Resume 3/3

May 2003

**Harm Reduction Approach: The Cutting-Edge Paradigm in
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Workshop Facilitator Assistant, Catholic Social Services' Group sessions for persons with depression	Edmonton, Alberta 2010
Volunteer, Supportive Residence of Persons with Mental Illness The Salvation Army	Edmonton, Alberta 2010

