

# ARCH

## Psychological Services

**DR. DAVIS P. THARAYIL, PH.D.**  
Registered Provisional Psychologist  
thrivingmindpsych@gmail.com

9312 109 Ave  
Edmonton AB T5H 1C5

Home: 780-249-1378  
Cell (preferred): 780-667-2318

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### PROFESSIONAL REGISTRATION

**March 2015 to  
Present**

**Registered Provisional Psychologist (Registration# 1874p)**  
College of Alberta Psychologists

**January 2015 to  
Present**

**Registered Clinical Hypnotherapist (Registration# 0115-031815)**  
Association of Registered Clinical Hypnotherapists (ARCH)

**April 2012 to  
Present**

**Canadian Certified Counsellor (Certification# 7172)**  
Canadian Counselling & Psychotherapy Association

### EDUCATION

**January 2018-present**

**Graduate Diploma in Psychological Assessment (In Progress)**  
Concordia University of Edmonton

**June 1998 to  
November 2005**

**Ph.D. in Psychology (Clinical Psychology)**  
University of the Philippines, Philippines

**October 1995 to  
March 1998**

**M.A. in Education (Guidance & Counselling)**  
Ateneo de Manila University, Philippines

**June 1978 to  
March 1981  
November 2010 to  
June 2014**

**Bachelor of Philosophy**  
Pontifical Institute of Philosophy, India  
**Hypnotherapy Diploma**  
Wellness Hypnotherapy Institute, Edmonton, AB

### CLINICAL EXPERIENCE IN ADDICTIONS & MENTAL HEALTH COUNSELLING

**January 2017  
May 2018**

**Private Practice in Counselling & Psychotherapy**  
<http://www.thrivingmindpsychology.ca/>

**March 2015 to  
October 2017**

**Supervised Practice (Intern) – Acute Adult Program**  
Alberta Hospital Edmonton, Edmonton, AB

**June 2005 to**

**Faculty Counsellor – Student Counselling Services**

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**May 2010** University of the Philippines, Angeles City, Philippines

**January 2003 to  
December 2003** **Psychiatric Counsellor**  
National Center for Mental Health, Mandaluyong, Philippines

## **POSTSECONDARY TEACHING EXPERIENCE**

**December 2010 to  
June 2016** **Psychology Instructor**  
Red Deer College, Red Deer, AB

**June 2004 to  
May 2010** **Associate Professor of Psychology**  
University of the Philippines, Angeles City, Philippines

## **PROFESSIONAL ORGANIZATION AFFILIATIONS**

March 2015 to Present College of Alberta Psychologists  
January 2015 to Present Association of Registered Clinical Hypnotherapists  
April 2012 to Present Canadian Counselling & Psychotherapy Association  
December 2014 to Present Psychologists' Association of Alberta  
December 2007 to Present American Psychological Association

## **CONTINUING EDUCATION COURSES**

**September 16, 2017** **Psychologist as an Expert Witness, Andrew Haag**  
**Psychologists Meeting the Needs of the Refugee Community, Sophie Yohani**  
2017 CAP Professional Development Day-Edmonton

**February 26, 2016** **Psychology Professional Development Workshop**  
(Group Psychotherapy, Acceptance & Commitment Therapy, Addiction and Mental Health)  
Psychology Practice Council, Edmonton, AB

**November 12-13, 2016** **Mindfulness Counselling Strategies – Activating Compassion And Emotional Regulation**  
Crisis & Trauma Resource Institute Inc., Edmonton, AB

**April – August 2014** **Ethical Standards - Mental Health Practitioners (S14-PSYC6203)**  
Yorkville University, Fredericton, NB

**March 08, 2014** **Applied Suicide Intervention Skills Training (ASIST)**  
Edmonton, AB

**June 2013** **Orientation to Caregiver Training (O.C.T.)**  
Child and Family Services Region 6, Edmonton, AB

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**December 18, 2012**

**Non-Violent Crisis Intervention**

Red Deer College, AB

**May 2003**

**Harm Reduction Approach: The Cutting-Edge Paradigm in  
Addiction Management**

Philippine Center for Substance Abuse Management  
Quezon City, Philippines

**March to May 1992**

**Pastoral Ministry in Health Care**

St. John's Medical College and Hospital, Bangalore, India

## **PUBLICATIONS**

Tharayil, D.P. (2012). Developing University of the Philippines Loneliness Assessment Scale: A Cross-Cultural Measurement. *Social Indicators Research*, 106(2), 307-321.

Tharayil, DR. P. (2010). Perceptions of Family of Origin among Lonely Adult Filipino Males with Schizophrenia: A Qualitative Analysis. *American Journal of Men's Health*, 4(2), 111-123.

Tharayil, D. P. (2007). Self, Social, and Family Perceptions in Relation to Loneliness Controlling for Depression among Individuals with Schizophrenia. *The Internet Journal of Mental Health*, 4(1), 1-26.

Tharayil, D.P. (2007). Intra and Interpersonal Perceptions of Lonely Individuals Affected by Schizophrenia: A Qualitative Analysis. *DANYAG: UPV Journal of Humanities and Social Sciences*, 12(1), 29-48.

## **VOLUNTEERING**

Free Counselling & Hypnotherapy for Persons in McCauley Community,  
with Cognitive, Emotional, & Behavioural Issues **Edmonton, Alberta**  
2013-present

Peer Reviewer, American Journal of Men's Health (Sage Publications), USA 2010-2016

Peer Reviewer, Social Indicators Research (Springer Publications)  
Netherlands 2012-2015

Workshop Facilitator Assistant, Catholic Social Services'  
Group sessions for persons with depression **Edmonton, Alberta**  
2010

Volunteer, Supportive Residence of Persons with Mental Illness  
The Salvation Army **Edmonton, Alberta**  
2010

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*Davis Tharayil*

*Resume 3/3*

**May 2003**

**Harm Reduction Approach: The Cutting-Edge Paradigm in  
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Peer Reviewer, Social Indicators Research (Springer Publications) Netherlands	2012-2015
Workshop Facilitator Assistant, Catholic Social Services' Group sessions for persons with depression	<b>Edmonton, Alberta</b> 2010
Volunteer, Supportive Residence of Persons with Mental Illness The Salvation Army	<b>Edmonton, Alberta</b> 2010

