

ARCH Psychological Services

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Highlights of Qualifications

- Work and volunteer experience which illustrates a dedication to improving the lives of children, families and community.
- Demonstrated commitment to working in partnership with various community agencies and stakeholders to achieve common goals.
- Demonstrated motivation and initiative for continual learning and skill improvement.

Professional Experience

ARCH Psychological Services

March 2014- March 2015- **Provisionally Registered Psychologist CAP # 1663p**

March 2015- Present - **Registered Psychologist CAP # 4331**

- Completed provisional hours under the supervision of George Lucki, M. Phil, R.Psych (CAP #1234)
- Provision of counselling to children, youth and adults, experiencing various emotional and life challenges, including substance use, depression, anxiety, life transitions, occupational stress and trauma
- Provide in-patient psychological support, in the areas of addictions, self-harm, stress management and affect regulation to youth residing at the Youth Assessment Centre
- Completion of Psycho-Educational and Parenting Assessments, including measure of personality, psychopathology, substance use, and neurological functioning.

Alberta Ministry of Human Services- Region 6 Child and Family Services

May 2008- July 2010- **Caseworker- Core Protection**

August 2010- June 2011- **Neighbourhood Centre Assessor**

June 2011- March 2013- **Crisis Unit Assessor**

March 2013- March 2014- **Child At Risk Response Team Assessor**

March 2014- September 2014- **Crisis Unit Wage Assessor**

- Managed a Protection caseload, including completion of necessary documents and court work.
- Assessment experience, including interviewing children and parents, assessment of risk, and safety planning.

- On-going assessment of degree of risk to children, parent progress, and appropriateness of intervention; while considering the best interest of the child and providing recommendations for future action.
- Assessment experience on the Child At Risk Response Team, working in partnership with a member of Edmonton City Police to respond to emergent cases of child abuse.
- Supervision Social Work Students.

Key Accomplishments

- Developed a working relationship with the Saddle Lake Band Designate to ensure cultural connection for Aboriginal children in care.
- Recognized by the Legislative Assembly for Social Workers Week in 2009.
- Provide presentations to various community partners and nurses on the role, practices and procedures of Children's Services.

City of Fort Saskatchewan Family and Community Support Services

*September 2011- April 2012- **Volunteer Counsellor Intern- Practicum Placement***

- Provided individual counselling to children, youth and adults residing in the Fort Saskatchewan and surrounding area under the supervision of a Registered Psychologist.
- Provided counselling support in school and in the home as a Family School Liaison worker for children, youth and families within the Fort Saskatchewan area.

Jasper Place Child and Family Resource Centre-West Edmonton Parent Link

*August 2006- September 2008- **Parent Link Program Facilitator***

- Facilitated various family support and parent/child interactive groups.
- Administered the Health for Two pre-natal nutrition program.
- Provided supportive counselling to families in the areas of pregnancy, parenting, child development, advocacy, and community resources.

Key Accomplishments

- Developed and implemented volunteer management policies and procedures, including policies on recruitment and selection.
- Advocated for and implemented a Post-Partum Depression Support group.
- Formed strong relationships with clients of diverse populations.
- Worked within a multidisciplinary team to create family support and early learning programs tailored to the needs of families in West Edmonton, fitting within the government set mandates of Parent Link Centres.

Education

- Masters of Counselling Psychology – Athabasca University September 2012
- Bachelor of Arts.- University of Alberta Psychology Major, Sociology Minor
 - Cooperative Work Experience Program in Psychology June 2008

Volunteer Experience

Zebra Child Protection Centre

*January 2007- December 2010- **Child Advocate***

- Provide support, information and referrals to children and families who are victims of child abuse.

- Provide court preparation for children and families who have to testify in court.

Conference Presentations

- Childcare Conference- Presentation on the Commit to Kids Program May, 2014

Certificates and Additional Training

- PAA Conference- Trauma and PTSD in First Responders March, 2015
- EMDR Level one training December, 2014
- Clinical Hypnosis Training May, 2014
- BLS for Healthcare Provider level C November, 2013
- Child Forensic Interviewing January 2013
- Step-Wise guidelines for Interviewing Children October 2012
- The Biology of Loss by Dr. Gabor Mate November 2011
- Grief and Loss Issues for Children In Care March 2011
- Level 1 Gottman Couples Therapy Training March 2011
- Team Investigation of Child Sexual Abuse January 2010
- Sexual Exploitation Training August 2009
- Solicitor General Certified Victim Advocate November 2007

Memberships and Professional Organizations

- College of Alberta Psychologists member since March 2014
- Psychologist's Association of Alberta member since March 2014
- EMDR Canada member since December 2014
- Canadian Federation of Clinical Hypnosis- Alberta Society member since July 2014
- International Society for Traumatic Stress Studies member since March 2015