

About Us

ARCH Psychological Services is a private psychological practice with a collaborative community approach. We have extensive experience in forensic psychology as well as with developmental, mental health and family concerns.

We offer a full range of assessment, treatment and consultative services.

We believe in a holistic approach which seeks to coordinate all of the teen's resources into a supportive environment.

By coordinating our efforts we have the ability to motivate, monitor and maximize the youths' efforts to rehabilitate themselves.

Our goal is not simply to halt the dysfunctional behaviour. It is to help the teen learn from the dysfunctional behaviour and to attain healthy, responsible maturity.

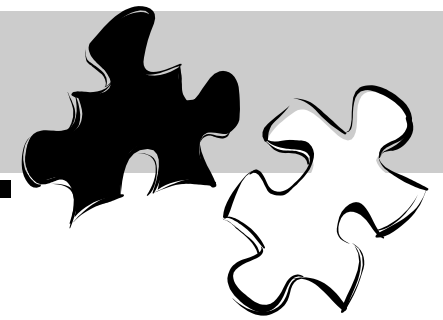
ARCH Psychological Services provides community based solutions for adolescent offenders in consultation with the family, police, youth justice, the courts, correctional services, mental health agencies and educational resources.

For more information or to make a referral please contact our office at 428-9223

ARCH 
Psychological Services

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***Adolescent
Sexual
Aggression***

Intervention and Treatment

ARCH Psychological Services

(780) 428-9223

Adolescent Sexual Aggression

Psychosexual Development

is a big part of growing up. Development of healthy sexuality requires:

1. Good information
2. Open dialog with parents
3. Appropriate role modeling
4. Supportive peer relationships
5. Comfort with one's own body
6. Positive self-esteem
7. Sensitivity to others
8. Strong social values of respect and caring

As children mature they are subjected to increasing social, emotional and hormonal pressures. As they become aware of their sexuality they naturally begin to experiment with sexual behaviours. This can be a turbulent and exciting time.



When Things Go *Wrong*

- Some young people lose their way in the complexities of sexual experience.
- Sometimes their sexual energy may be repressed, distorted or it may run out of control.
- Sometimes they question their sexual identity or orientation.
- Sometimes sexuality is used inappropriately as a means of meeting other needs—such as the need for acceptance, worth or power.
- Sometimes sexual contact or activity is imposed on a more vulnerable person.

When sexual behaviour goes wrong the young person tends to feel ashamed and overwhelmed . . . but keeping the problem secret will likely make it worse.



Where We Come In

Problem sexual behaviours and offences are often a plea for help with underlying problems. These problems can be resolved through a coordinated, in-depth approach. Firm intervention and support are needed, especially when the youth has violated another person.

ARCH Psychological Services provides a comprehensive program for adolescent sex offenders. We work in partnership with the family and the justice system. Together, we hold the offender accountable and motivate her or him to seek help and make positive changes.

We provide:

- Individual assessment for sentencing and treatment planning
- Individual therapy
- Family therapy
- Peer group therapy
- Linkage with schools, community supports, medical resources, etc.